

Moving Beyond Cancer

A Free Seminar for Cancer Survivors and Caregivers

The Martin-O'Neil Cancer Center invites cancer survivors to a day focused on survivorship and healing. Topics include transitioning from surviving to thriving, healthy eating, long-term side-effects of cancer treatment, exercise and more.

KEYNOTE PRESENTERS



Jan Adrian, MSW

During Jan's 30 years of living with cancer, she was inspired to focus on the whole person instead of just curing the body. She is the founder of Healing Journeys and speaks nationwide at the Cancer as a Turning Point, from Surviving to Thriving conferences.



Ari Umutyán, MD

Dr. Umutyán is a board-certified medical oncologist and medical director of the Martin-O'Neil Cancer Center. He is dedicated to educating patients about their condition in order to inspire a greater understanding and involvement in their care.

October 24, 2019
8:30 am – 3:00 pm

Middletown Mansion
20650 Highway 29 | Middletown, CA

RSVP OR FOR MORE INFORMATION
707-967-5750
TurnerPL@ah.org



**Martin-O'Neil
Cancer Center**