## Surviving to Thriving

How Our Stories Can Heal and Transform Us

## Webinar Open to Everyone!

Date: Saturday, Sept. 11 at 10:00 am, PDT

Hosted by: Healing Journeys Nonprofit

**Details**: <a href="https://healingjourneys.org/details-surviving-to-thriving-how-our-stories-can-heal-and-transform-us/">https://healingjourneys.org/details-surviving-to-thriving-how-our-stories-can-heal-and-transform-us/</a>

Register here to receive the Zoom link invite: https://healingjourneys.org/register-surviving-to-thriving-how-our-stories-can-heal-transform-us/

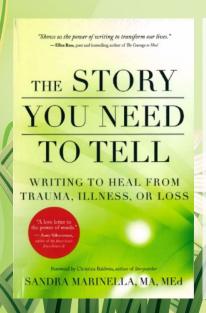


## No Cost

\*\* Donations accepted for Healing Journeys.

Everyone who attends live will have the opportunity to win free journals, books, and gift cards.

## Discover how to thrive — not simply survive!



Your stories hold the key. Sandra Marinella's own cancer diagnosis led her to explore how personal writing and positive psychology could transform her own life. This search led to her pioneering work with thousands of students, writers, and cancer patients whose inspiring stories demonstrate how storytelling and personal writing can help us move past physical or emotional hardships and toward resilience and renewal. Sandra's book, The Story You Need to Tell—Writing to Heal from Trauma, Illness, or Loss, is a critically acclaimed guide to transformational story-exploration. Join us to be inspired to live more fully. To thrive, not simply survive!

Learn more at www.storyyoutell.com